

# ADVANCED MATERIALS

## Supporting Information

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3D Printing of Highly Stretchable and Tough Hydrogels into  
Complex, Cellularized Structures

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Xuanhe Zhao\**

## Supporting Information

### **Three-Dimensional Printing of Highly Stretchable and Tough Hydrogels into Complex, Cellularized Structures**

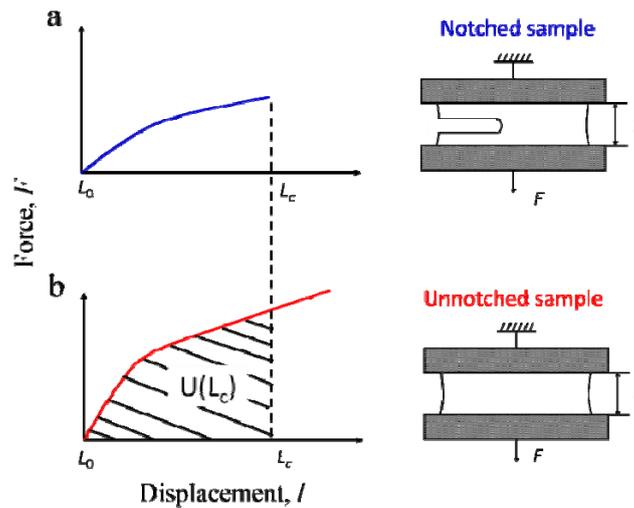
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**Fracture energy of the hydrogel measured with the pure-shear test**

A pure-shear test was used to measure the fracture energy of the hydrogel. As illustrated in **Figure S1**, we separately stretched two identical samples with the same thickness  $T_0$ , width  $W_0$ , and initial gauge length  $L_0$ , where  $W_0 \gg L_0 \gg T_0$ . One sample was notched with a crack with length of  $\sim 0.5W_0$  and the other was un-notched. The notched sample was stretched to a critical distance  $L_c$  (length at which crack propagation began), while the un-notched sample was stretched to measure the force-displacement curve. The fracture energy of the gel can be

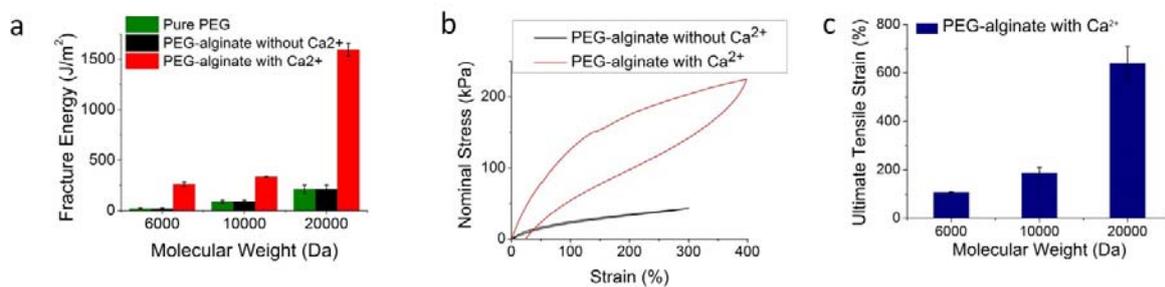
$$\text{calculated by } \Gamma = \frac{\int_{L_0}^{L_c} F dl}{W_0 T_0}.$$



**Figure S1.** Schematic of the pure-shear test for measuring fracture energy of hydrogels. **a**, notched samples are stretched to a critical distance  $L_c$ , at which point crack propagation occurs; **b**, un-notched samples are stretched to  $L_c$ , with the force  $F$  recorded and the fracture energy of the hydrogel calculated as  $\Gamma = (\int_{L_0}^{L_c} F dl) / (W_0 T_0)$ , where  $W_0$ ,  $T_0$  and  $L_0$  represents width, thickness and initial gauge length of the sample, respectively.

**Effect of  $\text{Ca}^{2+}$  and molecular weight of PEG on fracture energy and hysteresis**

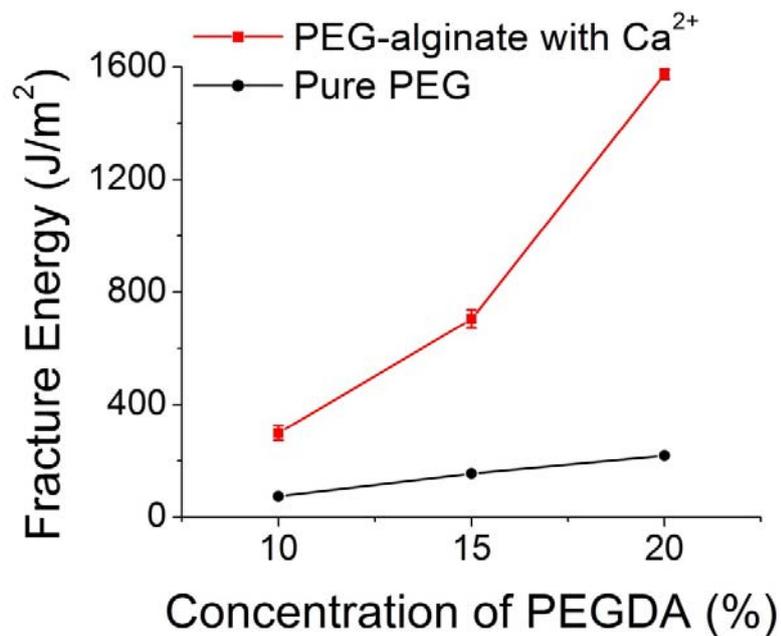
Mechanical properties were measured for PEG-alginate hydrogels with PEG of various molecular weights with or without  $\text{Ca}^{2+}$ . Each molecular weight of PEG (6,000, 10,000, or 20,000 Da, all held at 20 wt%) was mixed with the same concentration of alginate (2.5 wt%) and crosslinked under 365nm UV for 10 min.



**Figure S2.** **a**, Comparison of fracture energies of PEG-alginate hydrogels without and with  $\text{Ca}^{2+}$  (50 $\mu\text{l}$  of 1M  $\text{CaSO}_4 \cdot 2\text{H}_2\text{O}$  per 2mL of pre-gel solution) and pure PEG hydrogels as a function of molecular weight of PEG. **b**, stress-strain hysteresis loop of 20 kDa PEG-alginate hydrogel with and without  $\text{Ca}^{2+}$ . **c**, ultimate tensile strain as a function of PEG molecular weight.

**Fracture energy of the hydrogel as a function of PEG concentration**

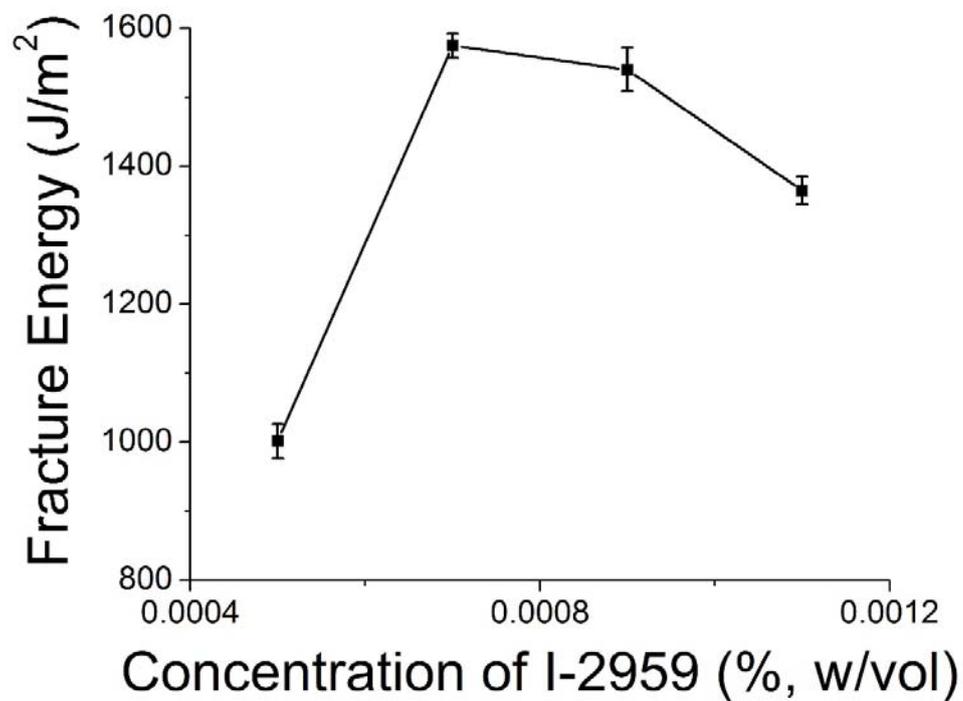
The effect of PEG concentration on fracture energy of the hydrogel was investigated. Various concentrations of PEG-diacrylate (molecular weight 20,000Da) were mixed with a fixed concentration of alginate (2.5 wt%) in the pre-gel solutions. As shown in **Figure S3**, higher concentrations of PEG increase the fracture energy of the hydrogel. We chose 20 wt% PEG for the pre-gel solutions of PEG-alginate hydrogels in the current study, since the corresponding hydrogel readily exhibits fracture energy values surpassing  $1,000 \text{ Jm}^{-2}$ . As a control study, we also measured the fracture energy of hydrogels made from PEG-diacrylate (molecular weight 20,000Da) without alginate.



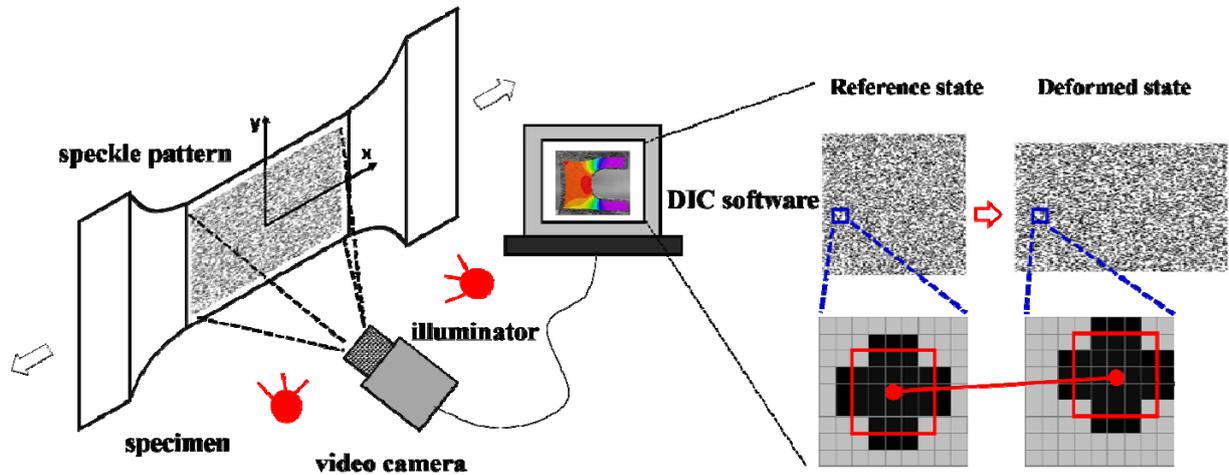
**Figure S3.** Fracture energy as a function of PEGDA concentration in the pre-gel solution.

**Effect of photo initiator density on the fracture energy of PEG-alginate hydrogel**

Various concentrations of photo initiator (I-2959) were mixed in the PEGDA-alginate pre-gel solutions. The concentration of 20 kDa PEGDA and alginate was fixed to be 20 wt% and 2.5 wt%, respectively. The fracture energy of the resultant PEG-alginate hydrogel varies with the concentration of I-2959 as shown in **Figure S4**.



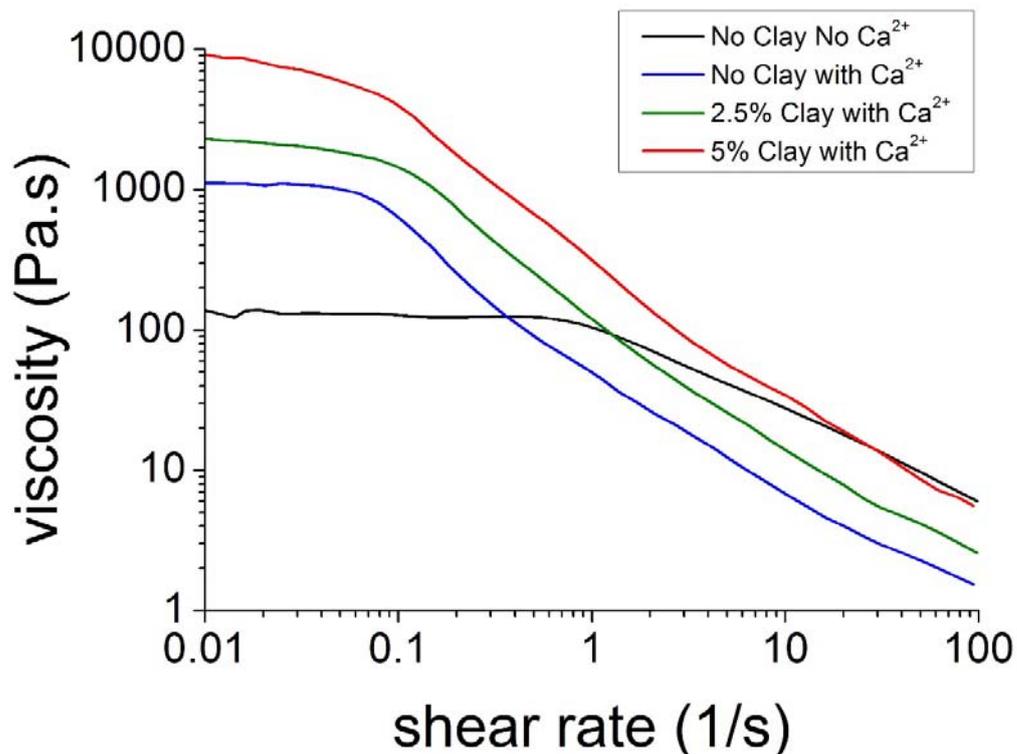
**Figure S4.** The effect of I-2959 concentration on fracture energy of the hydrogel

**Digital image correlation to measure the strain field of the deformed hydrogel**

**Figure S5. Schematic illustrating the digital image correlation technique.** A random speckle pattern was spray painted onto the surface of a sample. Images of the speckle patterns at both the reference state and deformed state were recorded by a standard video camera throughout sample extension. The surface strain was measured by matching the digitalized images before and after deformation via VIC-2D software.

**Viscosity of pre-gel solutions with various concentrations of nanoclay**

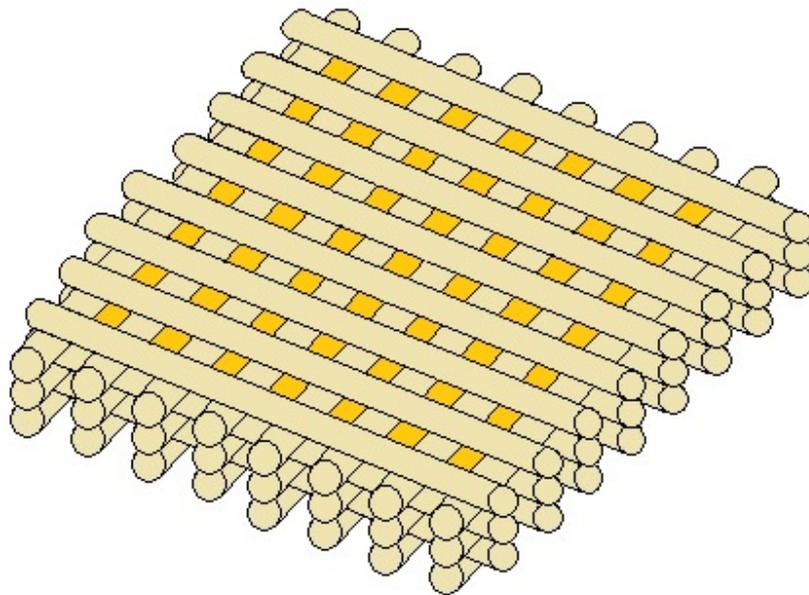
The viscosity of pre-gel solutions with various concentrations of nanoclay was tested in an AR G2, 2° cone and plate viscometer (TA Instruments, New Castle, DE). Each sample was tested in a shear ramp test running from  $0.01\text{s}^{-1}$  through  $100\text{s}^{-1}$  shear rate over the course of two minutes. At low shear rates, increasing the concentration of clay as well as adding  $50\mu\text{l}$  of  $1\text{M Ca}^{2+}$  per mL of pre-gel solution raises the viscosity; this allows the printed pre-gels to maintain their shapes before the PEGDA is crosslinked. The hydrogel begins to shear thin at a critical shear rate; this results in an inverse relationship between viscosity and shear rate.



**Figure S6.** Viscosity of the pre-gel solution with various concentrations of nanoclay as a function of shear rate.

**Printed mesh of PEG-alginate-nanoclay hydrogel immersed in collagen**

A printed mesh consisting of the previously described PEG-alginate-nanoclay hydrogel was immersed in a cell-laden (HEK cells) collagenous solution. The collagen infiltrates into the mesh of the PEG-alginate-nanoclay hydrogel. At 22 °C, the collagen solution gelled over the course of 20 minutes to form a composite hydrogel composed of collagen gel between the channels of the printed PEG-alginate-nanoclay mesh, as shown below in **Figure S7**. Cell viability in the collagen remained approximately 95% throughout a 7 day study, as shown in Figure 4c.



**Figure S7.** An illustration of a 3D printed PEG-alginate-nanoclay hydrogel mesh (shown above in tan) with collagen gel (gold) formed throughout the interconnected pore network.

**Supplementary Movie 1.** This movie shows a direct fabrication of a 3D hydrogel cube without the need for support material or post-processing modifications.

**Supplementary Movie 2.** This movie demonstrates recovery of a printed pyramid of the PEG-alginate hydrogel from compression test. It could withstand 95% compressive strain and nearly recover its original shape when the strain was released.